

(207) 213-6286 kvtatennis@gmail.com www.kvtatennis.org



Winter 2019 Newsletter

Best Wishes LINE CA

From the Board

by Carol Ladd, President

t is a pleasure to serve on the board this year as we adjust to new leadership and incorporate new ideas while keeping the favorite events. In order to get the balance, we need input from players and participation from those who have the time and energy to help! We have an energetic board with committees for PR, HR, Fundraising, Social, Maintenance and ad hoc committees when a need arises. Our board members participate on or chair at least one committee and welcome others to join and share their talents. Even after five years, there is always something new to tackle! We try to find ways to add new members to our courts and keep prices affordable. We also have financial aid available.

In December, we said farewell to our Director of Tennis Chris Nordenson and wish him well as he takes on a college assistant pro position in Indiana. Facilities Manager Alex Stern has stepped up and is managing the tennis pros as well as the facility and impressing all of us with his varied skills and energy. There are lots of new things unfolding!

Please enjoy our wonderful facility and read on to hear about our staff and volunteers.

KVTA Board of Directors

Dick Bachelder Hallowell Gardiner Dan Bence Doug Boyink Mount Vernon

Milad Bozorgnia Jay

Marc Cyr Hallowell

Don Gasink Kennebunkport

Hilary Holm, Treasurer, Acting VP Whitefield

Carol Ladd, President Wayne

Lisa Lowery Winthrop Cindy McInerney Kents Hill

Melissa Romac, Secretary Mount Vernon



KVTA Board of Directors left to right back Marc Cyr, Milad Bozorgnia, Dan Bence, Doug Boyink, Dick Bachelder, Facilities Manager Alex Stern. Front Don Gasink, Melissa Romac, Hilary Holm, Carol Ladd. Not present Lisa Lowery, Cindy McInerney

At the Front

by Alex Stern, Facilities Manager & Director of Tennis

I am now the Director of Tennis in addition to managing the daily operations at A-Copi Tennis & Sports Center and working on filling all of the lesson and clinic spaces with some new faces as well as our teaching pros already on staff. We are lucky to have many talented certified teaching pros on staff including Lanell Beckles, Sherry Norton, Wilbur Shardlow, Dan Bence, Louis Gingras, and Dale Demers. New to the courts are Sean Maguire, Sadie Hammond, and our new guest pro Greg Whitmire. Greg is with us on Fridays for lessons, clinics, and the Mixer and plans to join the team full time next September. Sadie is teaching middle and high school players on Sundays. Anyone interested in taking lessons or clinics with our teaching pros, please call me at (207) 213-6286 or email acopitennis@gmail.com.

Make sure you sign up for the weekly KVTA e-newsletter by giving the front desk your email address and asking to be added to the list. And remember to like our Facebook page and visit our website!

Get to Know A-Copi's Teaching Pros! —



Alex Stern

In addition to running the daily operations at A-Copi, Alex is a USPTA and PTA certified teaching pro. He enjoys teaching tennis to people of all ages and brings a unique coaching perspective from being a basketball coach for 16 years. Alex grew up in Melbourne, Florida and began playing tennis at eight years old. Before coming to A-Copi, Alex was a college basketball coach at the University of Maine at

Augusta after coaching at a NCAA Division II university in West Virginia. Alex obtained his Master's degree in Business Administration from Ashland University in 2019 and his undergraduate degree in Social Science from University of South Florida in 2010.



Sherry Norton

Sherry has been a certified teaching pro at A-Copi for over five years and specializes in private and group lessons for adults and children, Cardio Tennis, and Triples Tennis. She is one of a small group of teaching professionals in Maine who hold ratings from three certifying boards: USPTA, PTR, and PPR (Professional Pickleball Registry). Sherry is a licensed Cardio

Tennis Provider and a member of the Tennis Industry Association (TIA). Sherry holds a 4.5 USTA rating, was involved with USTA Leagues for over 15 years, and participated in many of the MTA tournaments. She was named the MTA #1 Ranked player in Women's Doubles and received numerous gold medallions in USTA New England #1 Women's Open Doubles.



Lanell Beckles

Lanell is a certified tennis pro through the USPTA and has been teaching since 2012. Before A-Copi, Lanell taught high performance juniors at Champions Fitness Club, was an assistant coach for the Colby College men's and women's tennis teams, and was head coach for the Division III tennis program at Newbury College near Boston. Lanell enjoys working with all

levels of players. He excels at breaking down strokes and improving technique, tactics, and strategy. He enjoys his free time in the gym, reading, traveling to conferences, and playing more tennis.



Wilbur Shardlow

Wilbur Shardlow is a certified USPTA Elite Professional with over 30 years experience and has taught tennis at the 10 & Under, Middle/ High School, and High School "High Performance" levels. He is a certified USRSA Racquet Technician professional stringing and racquet services at A-Copi. Wilbur has received several awards

including the USTA New England High School Coach of the Year and the USPTA New England 65 & Over Pro of the Year and is a twotime MTA Player of the Year.



Dan Bence

Dan has been playing tennis since 8th grade. He is certified to teach tennis and pickleball to all ages by the PTR. Dan realized a long-term goal of becoming a certified teaching professional when he retired from the VA Medical Center at Togus in 2009 and is working towards his Elite Professional USPTA certification. He coached the Hall-Dale Boys Tennis Team for nine very successful seasons. He enjoys teaching all ages

and levels of tennis and pickleball players. Dan and his wife Patricia have two daughters and three teenage grandchildren. Dan enjoys golfing and spending time with his family.



Sadie Hammond

Sadie Hammond grew up in Belgrade, Maine and graduated from the University of Tennessee last year. She and her Vols teammate Kaitlin Staines were named NCAA Division I All-Americans in women's doubles. They were seeded eighth for the 32-team NCAA doubles bracket that was held last May at the USTA National Campus in Orlando, Florida. Sadie was a senior captain for the Vols and had a 17-14 record at first singles

last spring for the Vols with four victories over ranked opponents. She was named to the 2019 All-SEC second team for the second time in her career, earning similar honors as a freshman in 2016.



Dale Demers

Dale Demers is a PTR certified tennis instructor and has been a fixture at the club since its inception. He is a past Board of Directors member and built all of the wooden court benches. Dale assists with many of the youth and high school clinics and lessons. He also offers private lessons.



Greg Whitmire

Greg is a native of Columbia, South Carolina but has had a close relationship with Maine through his many years as a tennis pro at Prout's Neck Country Club. He and his wife own a home in Scarborough, which they plan to move back into in the coming year after they complete their work in Boston. Greg travels to A-Copi on Fridays to teach lessons and clinics. Each February, Greg is a visiting pro at the Mill Reef Greg plans to be a full time pro at A-Copi in

Club in Antigua. September 2020.



Sean Maguire

Sean grew up in New Hampshire and played on his high school tennis at Bishop Guertin in Nashua. His team won back-to-back State Championships during his junior and senior years. He did a post graduate year at Proctor Academy, where he played in the #1 singles position and was a semifinalist for the State tournament. He played for one year in college before transferring to a school that did not have

a tennis team. He currently plays on several USTA teams out of Portland. Sean lives in Augusta with his wife and two sons. When not playing tennis, he can be found playing hockey or coaching his sons' baseball and soccer teams.



Louis Gingras

Louis has been teaching tennis off and on for 45 years and will begin his 24th year of coaching high school tennis this spring. He has completed the Athletic Coaches Effectiveness Program and is NetGen, Sports Medicine, and CPR certified. He competed in high school and college and is a ranked player in Maine. Louis is also one of our great front desk associates.

We thank all of our Front Desk Associates-Adriana, Alexandra, Isabella, Lauren, Louis, and Malcolm-who welcome, check in, schedule, clean, and more, and who make sure your visit is a positive one!



A-Copi Tennis & Sports Center Weekly Program Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00					Tennis Adult Co-	Tennis Advanced	
8:30	Open slots are available for group or individual lessons. Please ask the pro to be considered for joining the			Tennis Morning Social 8:30-10	Ed Drill Clinic 8-9	Adult Clinic 8-9 Tennis Tiny Tikes	
9:00	programs mar			-		Tennis 10 &	Pickleball All Levels
7.00						Under 9-10	9-12
9:30						Cardio Tennis 9-	
10:00	Tennis Intermediate Doubles Hit &				Tennis Advanced Doubles Hit & Strategy 10-11:30	Triples Tennis 10 -11	
	Strategy 10-11:30				-	Pickleball Advanced** 10-1	
10:30					-		
11:00		Tennis Homeschool Group 11-12		Tennis Stroke of the Day 11-12			
11:30							
12:00	Pickleball All Levels 12-1:30		Pickleball All Levels 12-1:30		Pickleball All Levels 12-1:30		Tennis High Performance HS Clinic 12-1
12:30							Cuinc 12-1
1:00				Tennis Home School Group 1-2	Tennis Women's Doubles Clinic 1-2		Tarada Larrel 2 MG/IIG
1:30 2:00				·			Tennis Level 2 MS/HS Clinic 1:30-2:30
2:30							Tennis Level 1 MS/HS
2;30	Tennis Tiny Tikes						Clinic 2:30-3:30
3:00	(ages 4-5) 3-3:30						
3:30	Tennis 10 & Under 3:30-4:30	Tennis Intermediate		Tennis Beginner Middle/HS 3:30-	Tennis Court Critters (ages 3-6)		
3.30	5.35 4.35	Middle/HS 3:30-5		4:30	3:30-4		
4:00					Tennis Rascally Rackets (ages 7-		Tennis HS Match Play 4-5:30
4:30				Tennis Intermediate	11) 4-5		
5:00		Tennis Beginner Middle/HS 5-6	Tennis 10 & Under Tennis 5-6	Middle/HS 4:30-6	Tennis Net Ninjas (ages 12-16) 5-6		
5:30	Tennis Beginners/ Return to Tennis	Middle/113 3-0	Tennis Mixed		(ages 12-10) 3-0		
3.30	5:30-7		Doubles Levels 3.5-4.0** 5:30-7				
6:00		Tennis Adult Advanced	3,3 4 ,0 3,30-7		Tennis Friday Night Mixer 6-8		
(,20		Beginners 6-7:30		Pickleball Advanced** 6:30-9			
6:30		Pickleball All Levels 6-7:30					
7:00	Tennis Advanced Scrambles Level 3.5 & Up** 7-9						
7:30		Pickleball Advanced** 7:30-9					
8:00		Maraneed 7,30-7					
8:30							
9:00							as of 01-02-20

Upcoming Events

Tennis Coaches Clinic Saturday, February 1, 9am-3pm

If you are interested in further developing your coaching skills or want to become a tennis coach, this clinic is for

vou! Lunch is included. Cost: \$25 per

person.



Valentine's Scramble Saturday, February 8, 4pm-6pm After all, tennis starts with love! You must sign up as a co-ed team. Cost: \$20 per

person/\$40 per team.

Tennis Apparel Swap Friday, February 14

Come to the Valentine's Day tennis clothing swap! Please bring any tennis apparel that you want to swap out to refresh your look on the courts! Anyone who participates will receive a special treat! More details to follow.



Pickleball Tournament March 7–8, 2020 (tentative dates)

Maine Senior Games-Pickleball

June 13 - Men's/Women's Doubles

June 14 - Mixed/Singles

Maine Senior Games-Tennis Fall 2020

In-House Account

Did you know that KVTA offers a convenient in-house personal account for all your club expenses? This account saves you from standing in line at the desk and saves the club fees charged by credit and debit cards as well. Here's how it works:

- Ask the front desk staff to start an account in your
- Deposit funds into your account (we suggest loading a deposit to cover at least a month's expenses).
- Come in and use the courts, take a lesson, buy a pro shop item and tell the front desk staff to put it on your account.
- Ask for a receipt for the balance so you know when to add more funds. You can load funds with any amount at any time.

Sign up for your in-house account today! A membership is not required.

Fall/Winter Hours of Operation

Monday to Thursday 8:00 am-9:00 pm Friday 8:00 am-8:00 pm Saturday 8:00 am-6:00 pm Sunday 9:00 am-5:00 pm

KVTA is a non-profit 501(c)3 organization, and its success is due in large part to its many hardworking volunteers. You can help by serving on committees such as Social, Public Relations, Human Relations, Finance, Maintenance, and Fundraising Committees.

You can support the club in a tangible way by giving to the Annual Fund, which is put to good use expanding programs, supporting juniors, purchasing or repairing equipment, meeting unexpected expenses, and keeping costs down. Thank you very much to those who have supported the Annual Fund already this year!

If you have any suggestions, please talk to the Facilities Manager or any Board member! We invite you to become a volunteer and supporter to continue building KVTA and the A-Copi Tennis & Sports Center into the next decade and beyond. Here's to your health!

Cash Incentive Reward Program

Pay for your court time and other fees for an entire month with cash or a check and you are eligible to receive a \$10 A-Copi gift certificate! Congratulations to Rob B. for winning the November reward!

> I wish I didn't have to lug all my stuff with me every time I play, especially when I come right from work.



Don't worry about carrying all your gear! Rent a locker! 9 months-\$70 12 months-\$95